

European Academy(Hotel) Villa Clara Angela (meeting) Map Grunewald, Berlin, ca. 15 minutes from the Brandenburg gate Logo Clara Angela Foundation The Clara Angela Foundation invites you to witness, contribute and discuss with us about

# "MIND THE GAPS – OPEN THE WINDOWS": The chance to use pregnancy, delivery, and the post partum period

as a window to improve future health of mothers and their offspring. An international perspective after the DGPM congress. Date: 30<sup>th</sup> of November 2019, from 9.00 a.m. onwards

Location:

Villa CLARA ANGELA, Koenigsallee 36, 14193 BERLIN-Germany

## Introduction

**Opening in a city where gaps were introduced and bridged** *B.Arabin, Berlin-Germany* 



Bridging the gap: translating lessons of science into policies for better maternal and newborn health Neena Modi, London-GB (President-Elect Medical Women's Federation)

Pregnancy diseases as cardiovascular risk factors for chronic morbidity or early mortality in mothers (offspring) Enrico Ferrazzi, Milan-Italy Lifestyle interventions and possible benefits for overweight and obese mothers and their offspring Mireille van Poppel, Graz-Austria & Amsterdam- the Netherlands

#### **COFFEE BREAK**

Risk factors during pregnancy and delivery for pelvic organ diseases- are there target groups for specific interventions? Kaven Baessler, Berlin-Germany Imaging of the pevic floor by ultrasound/MRI showing what might have been ignored in the past Ladislav Krofta, Prague-Czechoslovakia Suggestions from bioengineering for obstetric and gynecologic modelling Xinshan Li, Sheffiled-GB

#### LUNCH BREAK

Perinatal and neonatal diseases as cardiovascular and metabolic risks for child-and adulthood Umberto Simeoni, Geneve- Switzerland) Fetal size determines health -is there a gap? Torvid Kiserud, Bergen-Norway Placenta and maternal stress (gatekeeper or fortifier?) Thorsten Braun, Berlin-(Germany) A mental health care protocol for the screening, detection and treatment of perinatal anxiety and depressive disorders Rita van Damme, Gent-Belgium Stress versus environmental enrichment: impact for mothers and children Birgit Arabin & Christoph Bührer Berlin-Germany

## **COFFEE BREAK**

DISCUSSION on early interventions, implications for health literacy, concepts for European projects for research and teaching as an appeal for continuous care and improvement of Interdisciplinary and patient communication with Jacky Nizard, Paris-France (President EBCOG) & Jannis Kyvernitakis, Hamburg-Germany (scientific coordinator Clara Angela Foundation) together with young researchers and all speakers

#### From 7.30 p.m. onwards EVENING PARTY WITH OUR ARTISTIC INTERVENTIONAL TEAM

PLEASE ANSWER (please cross):	
0 I come to the meeting and the party	
0 I come only to the meeting	0 I come only to the party
0 I do not come	
Name	