









Courage/Wisdom/Temperance Charity/Hope/Belief

Clara Angela Foundation: Center for Research & Development A.-Herrhausen Str. 44 / 58455 Witten (GER) Mail: bine.clara-angela@gmail.com / +49 15150470484 / Koenigsallee 36 14193 Berlin

# The CLARA ANGELA FOUNDATION

invites you to witness and discuss with us about

future possibilities for researchers in feto-maternal medicine and cooperation with other subspecialties (e.g. urogynecology, internal medicine, arts)

"Development Aid to start new Projects"

Date: 26<sup>th</sup> of November 2016, from 9.00 a.m. onwards Location: Villa CLARA ANGELA, Koenigsallee 36, 14193 BERLIN

Comment: The start of a project is a vulnerable process and needs empathy, intellectual capacity, formation of a good team, continuous persistence and confidence between collaborators. There is no place for intellectual property when we can make a difference in the care for mothers and children

Please mail to: clara-angela@t-online.de

or call Daniel Grün (+49-174 4135219) for local problems and general questions. For scientific proposals mail to: <a href="mailto:Bine.clara.angela@gmail.com">Bine.clara.angela@gmail.com</a>
All proposals for the afternoon should optimally sent until 20<sup>th</sup> of November.



## Saturday 26-11-2016

# A) General overview

8.30 Welcome

8.45 The Clara Angela Foundation - view from the Neighborhood (institute of Advanced Science)

Thorsten Wilhelmy, Institute for Advanced Studies

9.00-10.00 Evidence Based Medicine and Designing Trials: State of the Art

Zarko Alfirevic , Liverpool / 10.00-10.15 Discussion

10.15-10.45 How to design and calculate fact boxes?

Mirjam Jenny and Christin Ellermann, Harding Center for Risk Literacy, Max Planck Institute for Human Development, Berlin/10.45 -11.00 Discussion

11.00 Coffee Break

11.15–11.45 Which studies I would imagine for Germany (prenatal aspects) and how could it be realized (discussion with the audience)?

Katja Bilardo, Groningen

11.45-12.15 Which studies I would imagine for Germany (obstetric aspects) and how could it be realized (Discussion with the audience)?

Gerry Visser, Utrecht 12.15-12.30 Common final discussion

12.30 -13.00 Lunch Break

# B) Specific proposals / team formation

13.00-13.20 RCT to diagnose lesions of the pelvic floor and to prevent prolapse directly post partum.

Kaven Baessler, Eva Trompetter, Anne Helihoff-Klose, Stefan Albrich, et al. 13.20-13.40 Discussion

13.40 -14.00 Prevention of preterm birth – proposal for a multi-center RCT in pregnancies with a history of preterm birth

Ioannis Kyvernitakis, Franz Bahlmann, Holger Maul, Holger Stepan and... 14.00 -14.20 Discussion

14.20-14.40 Induction of labor after CS (with Dilapam) - proposal for a multi-centerRCT

Josefine Meyer, Lars Hellmeyer, and.... 14.40-15.00 Discussion

15.00 – 15.20 Follow-up after pre-eclampsia and risk pregnancy - creation of a registry and follow-up

Amr Hamza, Richard Berger, Birgit Arabin, and... 1520-15.40 Discussion

15.40-16.00 Life style intervention in obese mothers - proposal for a multi-center RCT

Jens Stupin, Ole Döring, Birgit Arabin and.... 16.00 – 16.20 Discussion

16.20-16.40 Coffee Break

16.40 – 17.10 The impact of music: hypothesis for fetal and adult MRI -a vision and concept for local or global studies?

Gregor Kasprian- Vienna

17.10-17.30 Music in pregnancy - proposals for pilot trials and future RCT in high and low resourced countries?

Birgit Arabin, Gregor .Kasprian, C.hristian Bührer, Sabine Nantke,, P.Seipelt and ......

17.30-18.00 Discussion about both aspects

19.30 Opening Exhibition "Angels Moving" and Reception

20.00 Party with Lullaby Concert (I. Stark)

## Sunday 27-11-2016

# "Urogynecology meets Obstetrics"

A course for Russian delegation and those who are interested

9:00 - 9:15 Welcome

9.15 - 10.00 Obstetrics: (B.Arabin: State of the art, Inna Shamina: Comprehensive approach)

10.00 - 10.45 Urogynecology I (Inna Apolikhina: Interdisciplinary approach of incontinence,

Galina Dikke: Early diagnosis of prolapse)

10.45-11.00 Coffee break

11.00 -11.30 Urogynecology II (Kaven Baessler: Pelvic floor sonography)

11.30 - 12.30 Practical exercise with ultrasound, patients and mannequins



We thank GE Health Care for practical support with the equipments!

#### 12.00 Small Lunch

### **General Information:**

#### How to find us:

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#### **Proposals Accommodation:**

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